

Writing Your Resume

Your resume needs to make an impact in less than 10 seconds!

Tips for writing your resume

Format is Important:

- Use a font that is easy to read and not too small
- Do not use a template, you want a unique resume that is easy to modify
- Do not include personal information such as your age/date of birth, religion, or photos
- Keep the margins and all formatting consistent
- Keep your resume to one page

Types of Resumes

Experienced Based: for student with work and internship experience, allows you to highlight what you did, how you did it and the result

Skills Based: for those who are looking to highlight skills that are transferable (achieved through course work, student clubs, organizations and volunteer opportunities and may not have a lot of work experience, especially in the area they are studying.

Below is an outline with tips and key points to consider when completing your resume.

Major Heading/What to Include

Education: University, location, with major/course of study, GPA if over 3.0, anticipated graduation date, and any scholarships, relevant coursework

Experience (internship or work): include company name, job title, location, dates of service, and at least two bullets with description on accomplishments

Activities, volunteer experience, or school activities: include organization name, title/position held, location, dates of service, and accomplishments

Skills: related to various computer programs and language abilities, and additional skills if using skills based resume

Please note: This document is a resource to guide students on common resume practices in specific country and cultural contexts, which may differ from those of the United States. The information that students submit on their resume is not used as a basis for acceptance into the Global Internships program. Students are not required to include all items included on this template and can use their discretion in following these guidelines. However, please keep in mind that not adapting your resume to the template may impact the local organizations ability to properly evaluate your resume.



academicinternshipcouncil.org When highlighting your experience, internship or employment, and activities, volunteer or student related, use positive action verbs and focus on accomplishments!

- -Positive outcomes resulting from your actions/proposals
- -Exceeded quotas, expectations
- -Created ideas successfully adopted by others or which you have implemented yourself
- -Demonstrated effective leadership or management

Action Verbs

Below is a selection of some action verbs that can be used to describe work responsibilities, projects, and achievements when writing your resume.

Management skills	Communication skills	Clerical or detailed skills	
administered analyzed assigned	addressed arbitrated arranged	approved arranged catalogued	
attained chaired contracted	authored corresponded	classified collected compiled	
consolidated coordinated	developed directed drafted	dispatched executed generated	
delegated developed directed	edited enlisted formulated	implemented inspected	
evaluated executed improved	influenced interpreted lecture	ed monitored operated organized	
increased organized oversaw	mediated moderated	prepared processed purchased	
planned prioritized produced	motivated negotiated	recorded retrieved screened	
recommended reviewed	persuaded promoted publicized	ed specified systematized tabulated	
scheduled strengthened	reconciled recruited spoke	validated	
supervised	translated wrote		
Research skills	Technical skills	Teaching skills	
clarified collected critiqued	assembled built calculated	adapted advised clarified	
diagnosed evaluated examined	computed designed devised	coached communicated	
extracted identified inspected	engineered fabricated	coordinated developed	
interpreted interviewed	maintained operated overhau	led enabled encouraged evaluated	
investigated organized reviewed	d programmed remodeled rep	air explained facilitated guided	
summarized surveyed	solved trained upgraded	informed initiated instructed	
systematized		persuaded set goals stimulated	
Financial Skills	Creative Skills	Helping Skills	
administered allocated	acted conceptualized created	assessed assisted clarified	
analyzed appraised audited	designed developed directed	coached counseled	
balanced budgeted calculated	established fashioned	demonstrated diagnosed	
computed developed	founded illustrated instituted	educated expedited	
forecasted managed	integrated introduced	facilitated familiarized guided	
marketed planned projected	invented originated referred rehabilitated		
researched	performed planned revitalized represented		



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Sample Resume - Experience

NAME STUDENT

Skype: topstudent.nus

Mobile: +65-94355512 | topstudent@gmail.com

OBJECTIVE

A challenging Summer Internship in the Toronto area company where I can learn and contribute

EDUCATION

University of Southern	California	(USC)
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Master of Communication Management University of Shanghai for Science and Technology (USST) Bachelor of Arts in Editing and Publishing

WORK EXPERIENCE

Shanghai, China June, 2009

Shanghai, China

May-July, 2009

Los Angeles, CA

May, 2011

The Bundpic Periodical Marketing Assistant

- Organized and maintained clients' information to keep accurate records
- Communicated with potential clients in order to sale advertisement space in the periodical
- Used Photoshop and CorelDraw to design advertisement initial layout.
- Assisted in organizing and running large-scale entertainment events and news conferences.

Natpal Project	Shanghai, China
Web Editor	November, 2008- May,
2009	

- Monitored and edited web pages for over 5,000 American companies in order to increase accuracy
- Collected information and managed web content for these companies.

ADT Telemarketing center	Shanghai, China
Sales, Marketing assistant	October, 2008- May,

2009

- Identified potential clients' information in Southern California and built up database.
- Proposed telephone sales techniques and prepared for calls to prospective clients.
- Made telemarketing calls to prospective clients to promote the product of ADT security system.

Direct Mail Advertising BrochureShanghai, ChinaLayout Designer/SalesDecember, 2008Designed the format and layout for a Christmas Sale DM brochureShanghai, China

• Collaborated with clients to create advertisement/promotional material designed to increase. product awareness

Dahe Daily

Reporter

Zhenzhou, China June-August, 2008

• Interviewed and wrote news reports of social events and Beijing Olympic Games.

SKILLS

Languages: Excellent Mandarin, Fluent English Computer: Microsoft Excel, Word, PowerPoint, Photoshop, CorelDRAW Personality: Extroverted, Enthusiastic, Initiative, Professional



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Sample Resume - Skills NAME STUDENT

123 Shattuck St. Apt 3A | Berkeley, CA 94720 510-555-1234 | topstudent@berkeley.edu

OBJECTIVE

A challenging Internship in a Toronto Financial Services firm where I can learn and contribute

EDUCATION

UNIVERSITY OF CALIFORNIA, BERKELEY	Berkeley, CA
Bachelor's Degree Economics and Communications, GPA: 3.21	May 2011
<u>Relevant Courses:</u> Financial Statement Analysis, Financial Strategies, Financia Financial Accounting, Business Administration, Speech Communications and	
GALILEO HIGH SCHOOL	San Francisco, CA
Diploma – College Prep Curriculum, GPA: 3.4	May 2007
Certificate of Distinction, American Mathematics Competition; Certificate of	Honor, National Honor
Roll	

INTERNSHIP

Merrill Lynch	Oakland, CA
Wealth Management Intern	5/08-8/08
• Compiled data mapping compliance project on 365 funds under management for over five years	

• Created master fund information spreadsheet, gathering data of funds and benchmarks

SKILLS

ANALYSIS AND PROBLEM SOLVING

- Developed skills in analysis, modeling, proofs, and quantitative problem solving from math and economics
- Received awards in national math competitions involving problem solving and logic

FINANCIAL AND RESEARCH

- Operated Bloomberg Terminal and performed extensive use of Excel in data mapping project
- Identified and tracked irregularities in fee ratios and benchmarks in data reconciliation project

TEAMWORK AND LEADERSHIP

• Worked closely with Investment Operations, Investment Management, Legal and Marketing departments

• Created composite document communicating wealth fund growth, reflecting input from departments

TECHNICAL AND LANGUAGE SKILLS

Computer – PC/Mac; Excel, Word, PowerPoint, Access, Bloomberg System **Language** – Speak, Read and Write Spanish and Basic Japanese

EXPERIENCE

Chimichanga Man
Waiter

Berkeley, CA 11/08 – Present



academicinternshipcouncil.org Reality Check

Below are some reminders to keep in mind regarding internships in Toronto.

- Companies may need interns anywhere from three weeks to a year; your time constraints might be too short or too long for what they are looking for in an intern.
- Evaluate the difference between what your abilities and credentials are and what you wish they were. You might not have the necessary credentials at this point to get that dream internship but you can focus on an internship that will get you the credentials you seek.
- Remain open-minded about your options in a diverse range of fields and organizations. Don't miss out on a great opportunity based on your limited knowledge or experience. You may not have heard of an organization but that doesn't mean that it won't be a great internship experience.
- In some cases, one interview will suffice to secure your internship; in other cases two or more may be required. This is dependent on the company's needs.
- We cannot change company internal policies to meet the parameters of the internship program. Some organizations may have their own policies on international students, internship length, etc.
- Some sectors are more demanding than others. Can you meet the expectations and are you willing to put in the time? Be honest now to prevent issues at your internship later.
- Prepare for an unpaid internship Sometimes companies provide a stipend but this is not an obligation on the part of the company.
- Work is not always glamorous and you will have routine and administrative tasks.
- Expect to do work and be responsible for certain projects. Internships are not just a shadowing opportunity.
- Once you begin your internship, keep in mind that you will be responsible for yourself. Many work environments, are extremely busy and overworked with little time to manage an intern. Keep being proactive!

